



VOL XVIII No. 3

Naval Hospital, Orlando, Florida

March 1992

NHO's year-end awards

They're the tops for 1991

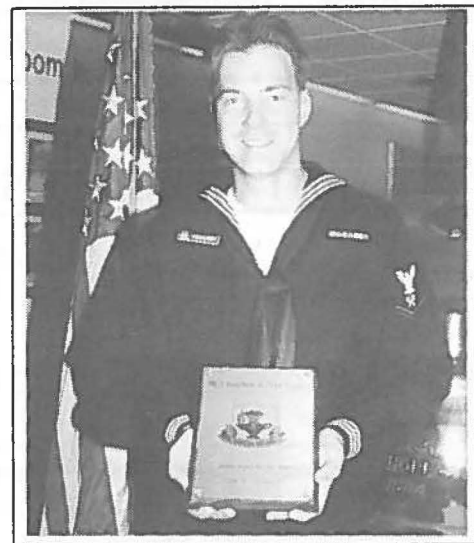
Senior Sailor of the Year



HM1 Bonnie L. Shackelford, USN
Operating Room Department



Junior Sailor of the Year



SK3 Stephen A. VanGundy, USN
Personnel Management Department



Civilian of the Year

Mrs. Nora Gonzalez-Duke
Coordinated Care Department



Nurse of the Quarter, 4th Quarter 1991



LT Joann T. Jackson, NC, USNR, Intensive Care Unit, Nursing Services, received her certificate for being selected as Nurse of the Quarter, 4th Quarter 1991, on 11 March. CAPT Raymond made the presentation.

American Red Cross



Volunteer hours
contributed

in the month of February - 1,724

IN MEMORIAM

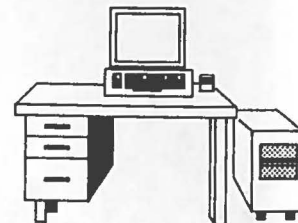
HN Michael M. Carrillo, USN

1 November 1970 - 10 February 1992

HM2 Sharon E. Bradley, USN

16 January 1964 - 2 March 1992

MID Bytes Computer Security



Remember the A, B, C's of computer security:

Authorized software only is to be used on command computers. This is software that has been procured through approved channels, and installed by the Management Information Department.

Beware of strangers bearing gifts of software.

Classify floppy disks at the highest level of information.

Drinking and eating should be prohibited in the vicinity of personal computers.

Every user is responsible for the security of his/her system.

Floppy disks should always be handled with care.

Good computer security practices include logging off your computer when not in use or when leaving your office.

Help - Call MID, X-2686.

VITAL SIGNS is published in compliance with NAVPERS P35 (REV. JAN74) and printed by the Navy Publication and Printing Service Branch Office, Orlando, Florida from appropriated funds. Commanding Officer: CAPT L. F. Raymond, MSC, USN; Executive Officer: CAPT J. M. Ricciardi, MC, USN; Public Affairs Officer: HMCS Patrick M. Lowry, USN; Editor: Ms M. V. Van den Heuvel. Contents of this publication do not necessarily reflect the official view of DOD and VITAL SIGNS reserves the right to edit or reject copy to comply with its policies. All copy submitted must reach the Editor's Office, Room M122, Building 503, by noon of the first day of the month. In reprinting material appearing in VITAL SIGNS, appropriate credit must be given.

TOTAL**QUALITY****LEADERSHIP**

CDR J. S. Gibson, MSC, USN

If it ain't broke, make it better!

Have you ever heard the expression, "If it ain't broke, don't fix it"? Take a minute and really think about that expression. Can we ever afford to sit back and rest on our past accomplishments? It may be tempting, but the answer is an emphatic NO! The Swiss watch industry and the American steel industry are two classic examples of the severe penalties an organization may pay for attempting to just maintain the status quo. Any organization, any system, any process can be improved. Not even 99.9% accuracy is good enough! If it is, then:

- 2,000,000 documents will be lost by the IRS this year.
- 22,000 checks will be deducted from the wrong accounts in the next 60 minutes.
- 12 babies will be given to the wrong parents each day.
- 291 pacemaker operations will be performed incorrectly this year.
- 20,000 incorrect drug prescriptions will be written this year.
- 107 incorrect medical procedures will be performed by the end of the day today!

One of the cornerstones of the Total Quality Leadership (TQL) concept is continuous quality improvement. The mindset of each and every one of us at Naval Hospital Orlando needs to be, "If it ain't broke, make it better!"

TQL action

Suggestion: Could solutions to suggestions be posted (i.e. POD, Vital Signs, etc.) as soon as possible? Certainly, there must be a few easy to resolve problems. The hospital staff needs to see some TQL progress/results to see how it works.

/s/ C. Shelton

CO's response: The suggestions will be published in the POD and Vital Signs so that Hospital Staff can readily see that their suggestions and comments are heard and acted on. It is extremely important that the staff see TQL progress/results to prevent loss of faith in the new way of management.

The Most Important**here ...*****IS THE ONE
YOU'RE DOING!***

Staff Pulse Beat



HMCS William A. Alexander, USN, Director, Branch Medical Clinic, NTC Annex, reenlisted 10 February. LCDR James S. Hogerson, MSC, USN, Director for Resources, served as reenlistment officer.

Award Ceremony of 7 February CAPT Raymond presenting



CDR Florencio V. Ello, MC, USNR, Branch Medical Clinic, NTC, received the Navy Commendation Medal from the Commander, United States Naval Forces, Central Command. The medal was for meritorious service while serving as Task Force Medical Officer, Multinational Interception Force, during Operation Desert Storm. It was a family day with sons, Andrew (on left), Mark, and CDR Ello's wife, Regina.

Mrs. Catherine J. Humphrey, House-keeping Division, Operating Management Department, received her twenty-year Career Service Award.



HM2 Saldon S. Settles, USN, Pharmacy Department, received a Navy Achievement Medal for his professional achievement while assigned as a Pharmacy Technician, U. S. Naval Hospital, Guantanamo Bay, Cuba. CAPT T. L. Rittmeyer, MSC, USN, his department head, bestowed the honors.



SK3 Stephen A. VanGundy, USN, Personnel Management Department, received the Navy Achievement Medal (Gold Star in lieu of second award) for his professional achievement in the superior performance of his duties while serving as the TAD Coordinator.





Mr. Larry Glenn, Head, Housekeeping Division, Operating Management Department, received his twenty-year Career Service Award.



Mrs. Joyce Kuykendall, Ophthalmology Department, received her ten-year Career Service Award.



Ms Elizabeth Kelly, Budget/MEPRS Division, Fiscal Department, received her thirty-year Career Service Award.



Mrs. Nancy Lawson, Nursing Services, received her twenty-five-year Career Service Award.



Mrs. Ann Cuthrell, Medical Ward, Nursing Services, received her twenty-five-year Career Service Award.



Mrs. Dorothy S. Tarrant, Newborn Nursery, Nursing Services, received her twenty-year Career Service Award.

Awards Ceremony of 28 February

CAPT Raymond presenting



LT Stephen A. Thornton, MSC, USNR, Head, Recruit Evaluation Unit, received the Navy Achievement Medal for his professional achievement as Head of REU and Director of Navy-Air Force Medical Evaluation Testing. LT Thornton was the driving force in the implementation of Navy-AFMET which permitted NHO to be the first Naval Hospital serving a Recruit Training Facility to commence psychologically screening recruits by the CNO prescribed deadline.



LT Jean E. Kremler, NC, USN, Family Practice Department, received the Navy Achievement Medal for her professional achievement while serving as the Division Officer and Family Nurse Practitioner from March 1991 to September 1991.

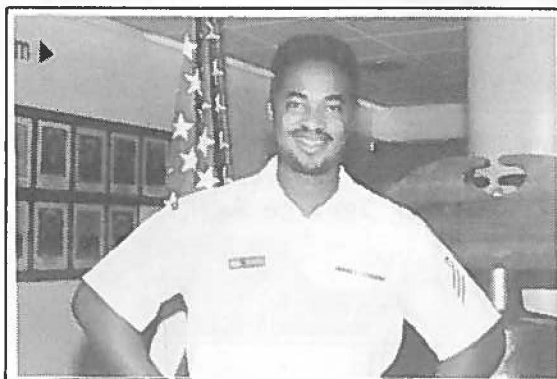
HN Eric F. Morris, USN, Dermatology, received his First Good Conduct Award.



HM2 Roger D. Woodall, USN, Central Sterile Service Division, received a Letter of Commendation from the Commanding Officer, USS NASSAU (LHA-4) for his outstanding performance of duties while serving in the Medical Department of the USS NASSAU during Operation Desert Shield/Storm.



HM1 Carl T. Hunt, USN, Pharmacy Department, received a Certificate of Achievement from the Major General, United States European Command, for exemplary service as an augmentee Medical Regulator during Operation Desert Storm.



Awards Ceremony of 11 March

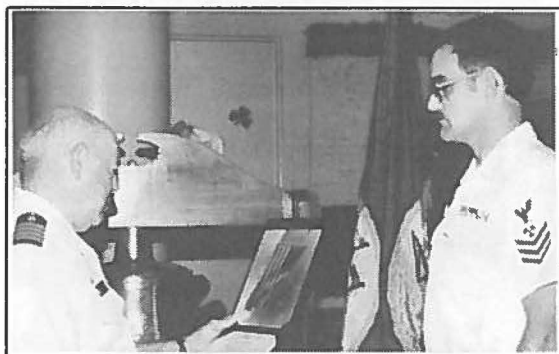
CAPT Raymond presenting



Dorothy Pempey, Laboratory Department, received a Special Act Award for having been selected as Civilian of the Quarter, 4th Quarter, 1991.



HM1(SS/SW) Dickie L. Curry, USN, Branch Medical Clinic, NTC, received a Letter of Commendation from the Commander, Submarine Force, U. S. Pacific Fleet, for his outstanding performance of duty while serving onboard USS TINOSA (SSN-606).



MM1 Terry L. Snider, USN, Facilities Management Department, received a Letter of Commendation from the Commanding Officer, USS L. Y. Spear (AS-36) for his commendable achievement while serving on the Mine Watch Detail from 22 August - 14 November 1991.



HM3 Bryan K. Goldston, USN, Family Practice Department, received a Certificate of Commendation from the Commanding Officer, 8th Engineer Support Battalion, for his outstanding performance of duty while serving with the 2nd Platoon, Company B, 8th Engineer Support Battalion.



HM1 Beatress C. Little, USN, RIF Optical, received the Navy Achievement Medal from the Chief, Bureau of Medicine and Surgery for her professional achievement while serving as LPO of the Optometry Department, U. S. Naval Hospital, Guantanamo.

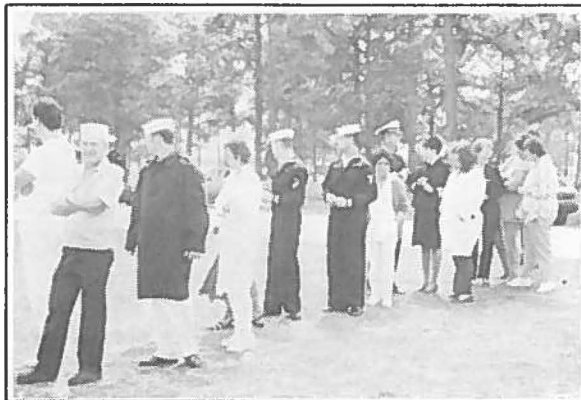


LT Thomas J. Delaney, NC, USN, Operating Room Department, received the Navy Achievement Medal for his professional achievement while serving as the Medical Construction Liaison Officer at U. S. Naval Hospital, Keflavik, Iceland.



HMCS(SS) William Robles, USN, Inpatient Administration, received the Navy Achievement Medal (Gold Star in lieu of third award) from Commander, Submarine Group Eight for his professional achievement while serving as Medical Department Representative in Commander Submarine Squadron 22.

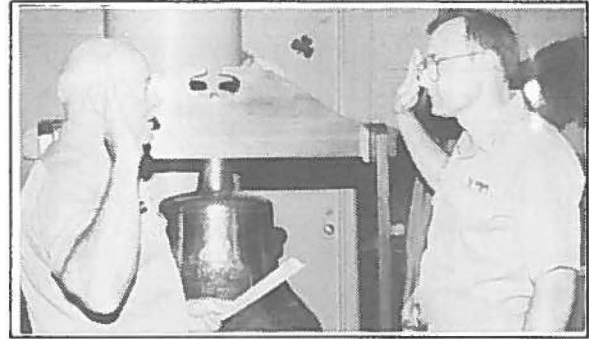
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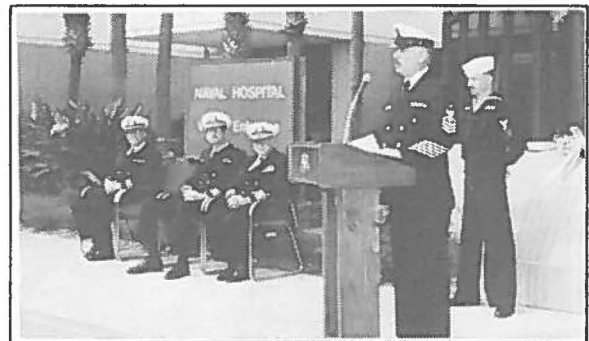
Why are these people standing in line? ...



... to get some of that scrumptious food which was served by the Black History Month Committee. The picnic, held on 28 February, was the final event for this year's Black History Month celebration.



LT Russell S. Thacker, MSC, USN, Head, Material Management Department, received his promotion to Lieutenant Commander on 2 March. CAPT Raymond administered the oath and pinned on the new gold leaf.



HMCS David G. Rich, USNR, transferred to the Fleet Reserve on 4 March. Senior Chief Rich, a former staff member serving in the Pharmacy Department, completed his twenty-years in the Naval Reserve. He had served the majority of his active duty for training and his active duty during Operation Desert Storm at this hospital. Most fitting that he chose Naval Hospital, Orlando for his retirement ceremony.



It's a Drill! It's a Drill! ... CODE DELTA

On 11 March "Code Delta" echoed throughout the passageways of Naval Hospital, Orlando. The scenerio was that the roof of the reviewing stand had collapsed on the VIPs attending the Recruit Graduation. For purposes of the drill, the accident scene was set up under the bleachers at the NHO softball diamond. With the wail of sirens and the screams of the moulaged "victims," (and the moulage was outstanding!) the scene was extremely realistic. From the first ambulance attendants on the scene to all hands involved in the drill, NHO staff came through with flying colors.



Celebrating Valentine's Day

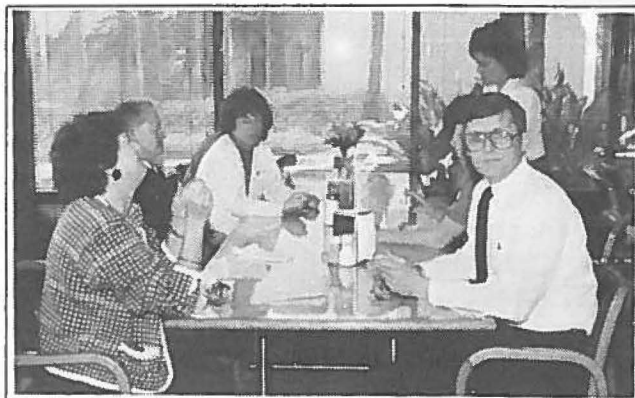
CAPT Raymond sponsored a good old-fashioned ice cream social on 14 February for the staff with all the Directors and the XO dishing up the ice cream.



Lots of syrup!



Hard work? You know it!



Is there any more?



Yes!



Gathered around the topping table!

Photos by HM1 J. M. Brooks, USN

LIBRARY

CURRENTS

Nancy A. Toole



CHAPLAIN'S

COMMENTS

LCDR JAMES E. POPE, CHC, USN

Answering reference questions relating to patient care problems is an every day activity in the Medical Library. There are two types of reference questions: (1) A request for information on a given subject, or (2) A request for specific factual information. Answers to either may be requested by coming to the Library or by calling X-2644.

When a reference question requires surveying more than one source, exceeds four or five articles, or takes 20 minutes or more to locate, it becomes a literature search and is processed as a Medline Search. The Medline Search Request Form serves as a guide to obtaining pertinent information from the requester and should be filled out in consultation with the Librarian. All citations noted are given to the requester to survey and to select choices. Medline is the most current citation entries in the National Library of Medicine's Computer Data Base. Earlier years are searched upon request. The Medical Library is open from 0730 to 1600 Monday through Friday.

New books available:

Austrin, Learning Medical Terminology. 7th. 1991;

Bobak. Hazardous Materials Exposure. 1991;

200 Medication Errors and How to Avoid Them. 1991;

Medical Disorders During Pregnancy. 1991;

Trott. Wounds and Laceration. 1991. Ruppel.

Manual of Pulmonary Function Testing. 5th. 1991.

Follow the directions

Have you ever started to do something, or assemble a product, or maybe even take a medication without reading the instructions? It's almost always frustrating, frequently embarrassing and in some cases, dangerous.

A few weeks ago my parents came to visit and we took them on the usual tourist circuit. The most amusing part of all the visits came one afternoon when my father stopped at a water fountain to get a drink. Before he stepped up to the fountain, I said, "Dad, look at the sign." He looked at the sign which read "Stoop and drink," then called back to me, "So, what else would you do?"

Dad's a great man, but he's just a bit "set" in his ways. I watched, trying not to laugh, as he looked, and pushed and grumbled at the stainless steel machine with no visible buttons, bars, or levers which he could use to force it to give up a drink of water. Finally he stepped back, looked at the sign, then bent down toward the machine. Water came out and his thirst was quenched.

As we continued our day, I began to reflect on that refreshment stop. It was hilarious. You should have seen it -- a seventy-four year old man ready to do battle with a greedy water fountain. However, it occurred to me that there was meaning beyond the event itself.

Like the sign above the water fountain, directions for living are incredibly clear and uncomplicated. They are designed to keep us spiritually energized and refreshed, if we follow them. There are no special buttons, bars, or levers to force life into favoring us, just some directions: "Love one another." Think about it! May God Bless you.

VIEW
FROM
THE
FIRST
FLOOR

CAPT L. F. Raymond, MSC, USN



F E B A



HMCM Gary L. Thornhill, USN

A look into the future

If I were a young person coming in to the Navy today, I honestly believe I would find all of the "gloom and doom" signals and prophecies to be very confusing and disconcerting. The media speaks of cuts in the Defense budget and, of course, the "people" cuts that always seem to go hand-in-hand with them. Reduced attrition into the Navy, the number of ships being reduced, early selective retirements, base closures, etc., etc., etc. Looking into the future appears to be a very popular pastime -- everyone seems to be doing it. Yes, and like Henny-Penny we could all be proponents of a "doomsday" theory and say the "sky is falling."

I don't have a crystal ball, however, I'm going to join the others into looking into the future just this once. The bottom line, in my opinion, is that Navy programs, promotions, retention, and training, will, in fact, be there for all men and women who have the game-plan to get to that level. Career planning is the first key. Bear in mind that each individual is responsible for what happens to him or her. To say it a little differently -- "It is not the job you have, it is the job you do that counts." Will some of you have a tougher time climbing the career steps? Probably so -- but the top performers will make it there, just as they always have. The second key is, as it has always been -- performance.

Reading my crystal ball again, I believe that every Navy man and woman has every reason to face our tomorrows with confidence and optimism when they can say ...

"I DID MY JOB WELL!"

Take advantage

Recently, I've had a lot of NHO sailors coming to my office asking advice about their next assignment. The majority of those that I spoke with are "first termers" and are preparing to go to sea duty. Without a single exception, they have expressed concern as to whether or not they have the technical knowledge to do their job assigned to a ship, overseas station, or the Fleet Marine Force.

Those Corpsmen that are assigned to Naval Hospitals directly out of Hospital Corps "A" School, are normally assigned for a period of 18-months. The main reason for this is so that these personnel can continue their practical training prior to being assigned to an operational unit.

As part of my Welcome Aboard speech to new arrivals at this command, I have strongly encouraged each one to take advantage of this time to learn as much as they can during this 18 month period.

At NHO there are numerous ways to increase your technical skills. The first and foremost is to complete "Follow-on Training." Additionally, there is I.V., suture, and CPR certification, Emergency Medical Technician and EVOC Training.

When you leave this command for an operational unit, you will be expected to perform at a certain level. Now is the time to take advantage and learn as much as you can. Someone in the fleet is going to depend on your skills. Don't let them down.

